

# reTHINK//Recognizing our Ruts

*Write it. Think it. Confess it. Until you believe it.*

Write down any places in your life where lies have crossed your wires and created ruts in your thinking. Ask God to speak to you and reveal the origin of your ruts. Now write down the truths in order to remove the lies that you are facing in your own mind.

LIE:

TRUTH:

LIE:

TRUTH:

LIE:

TRUTH:

LIE:

TRUTH:

